

Psychogeographic Map

If I were a Duck: A Psychogeographic Journey

This map illustrates an emotional journey from the park's freedom and curiosity, through the city's chaos and confusion, to the river's peace and reflection — symbolizing my path, like a little duck, exploring the world, getting lost in the noise, and finally finding calm and clarity.

Views In Winchester

Origin: Winnall Moors Nature Reserve
The park - Innocence and exploration
My initial state, comfortable, secure, full of freedom atmosphere.

Through the Broadway
City - Lost and confused
How I feel in the face of stress, loss and anxiety.

Destination: The Weirs Itchen River
The River - Go with the flow
The peace and self-healing I finally found, the return to inner peace.

Scene Description

My choice of "duckling" as a symbol stems from an experience in a park.

At that time, I saw several ducklings swimming leisurely in the pond, relaxed and comfortable. However, one of the ducklings strayed into the path outside the park, looking confused and nervous, as if looking for a way back.

This scene reminds me of my own experience in life: carefree at first, occasionally lost and anxious, but eventually always find a sense of belonging and inner peace.

Therefore, I use "duckling" to symbolize my psychogeographic journey.

And the role of the duck it corresponded to my inner emotions. Because the ducklings have the spirit of resilience in the face of challenges and a mindset of going with the flow.

The three journeys were made into interactive scenes and videos were made to express the mood and atmosphere of the moment.

Img 1:

Ducks in the park always seem so carefree and at ease, which made me see myself in them. Like those ducks, I once enjoyed a peaceful, carefree life in my own 'park'.

Img 2:

In this park, I enjoy going to the lake every day to have a bit of fun, everything in nature fascinates me.

Img 3:

Until one day, I discovered on the map a place to play on a swing near the Itchen River, which moved me and ultimately led me to make a bold decision.

Img 4:

Although the road ahead is long and full of challenges, I still constantly encourage myself for the sake of my little goal.

Img 5:

Sometimes I stumble — but so what? Always looking ahead may blind me to the beauty along the way. And sometimes, when I fall, I find something beautiful waiting at my feet.

Img 6:

On the way from the park to the city, the surroundings gradually became livelier, and the streets grew busier with traffic. Yet, amid the hustle and bustle, I sometimes felt lost and helpless.

Journey route

In this creation, I chose to compare myself to a duckling, using this symbolic role to present my emotional journey in real life. Show how I find the balance between lost and safe in my growth and exploration.

Start point:
Winnall Moors Nature Reserve

The park - Innocence and exploration
My initial state, comfortable, secure, full of freedom atmosphere.

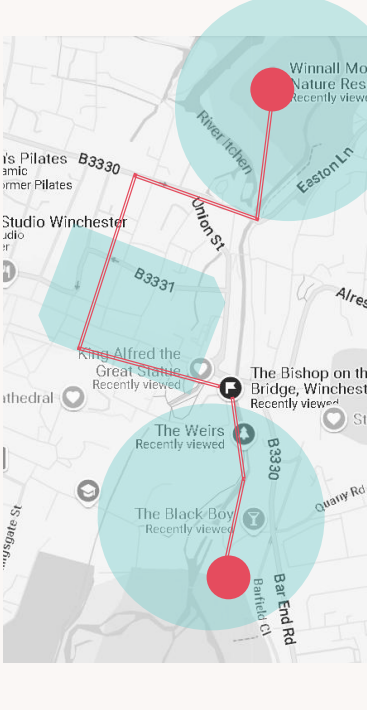
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Through the city

↓

End point:
The Weirs Itchen River

The River - Go with the flow
The peace and self-healing I finally found, the return to inner peace.



Concept

At first, I tried to summarize it using geometric patterns, but in the end, I realized that the role of a duck better aligns with my inner emotions.
Because the ducklings have the spirit of resilience in the face of challenges and a mindset of going with the flow.

Route

① Nature Reserve
freedom, hope, fresh, peaceful
hustle & bustle, complex, rhythms, stress, busy
Healing, calming, belonging, reflection
Express the psychological journey

② City
freedom, hope, fresh, peaceful
hustle & bustle, complex, rhythms, stress, busy
Healing, calming, belonging, reflection
Express the psychological journey

③ Nature Itchen River Park
freedom, hope, fresh, peaceful
hustle & bustle, complex, rhythms, stress, busy
Healing, calming, belonging, reflection
Express the psychological journey

The process of emotional transition

Mood Images:

1

2

Data Collection

Park (Calm, warm)

Elements: ducks, ponds, waves, trees, sunlight
Feeling: Secure, relaxed, carefree

City (chaos, anxiety)

Elements: Tall buildings, no entry signs, honking car horns
Feelings: confusion, tension, pressure

River (belonging, healing)

Elements: slow-moving water, green trees
Feeling: Calm, comfortable, back to yourself

Design Process

Park (calm, warm)

Visual presentation: smiley duck, warm blues and greens, soft lines, smooth water waves

City (chaos, anxiety)

Visual presentation: the fallen duckling, cool gray and red, sharp lines, No ducks allowed sign

River (belonging, healing)

Visual presentation: the singing duckling, clear blue, soft wave lines, stretch picture layout, house

Output

Some comics have been added to enrich the content and tell the psychological story of this journey.

The three journeys were made into interactive scenes and videos were made to express the mood and atmosphere of the moment.

View



Reflection

In this psychogeographic mapping project, I combined personal emotions with spatial experience to create a unique form of visual expression. Through repeated visits and observations, I documented not just physical routes but also my emotional and mental states in those spaces.

To bring these feelings to life, I filmed three short videos, each capturing the mood of a specific location. One of the main challenges was finding ways to make abstract emotions—like anxiety or calm—visible and meaningful within the map.

Balancing emotional tone with spatial accuracy wasn't easy, but it pushed me to think differently about what a map can be.

In the end, I came to see mapping as not just a tool for geography, but as a way to reflect the inner self.

